

Code of Conduct for Coaches, Volunteers and Officials

1. HEALTH, SAFETY AND WELFARE

I will:

- 1.1 Follow all guidelines and policies as laid down by British Gymnastics & Starbound Gymnastics Academy.
- 1.2 Ensure I hold valid membership and public liability insurance through British Gymnastics and appropriate valid qualifications.
- 1.3 Provide a safe training environment for all gymnasts
- 1.4 Take complaints or signs of injury seriously.
- 1.5 Ensure a qualified First Aider is always on site who will follow the accident reporting process and advise parents of any accident or injury.
- 1.6 Report any incidents, referrals or disclosures immediately, following the appropriate guidelines set out in the BG Child Protection Policy.
- 1.7 Ensure that all activities are appropriate to age, maturity, ability and experience.
- 1.8 Ensure that all gymnasts receive the appropriate level of support to assist them in skill development and prevent injury.

I will never:

- 1.9 Coach a gymnast without another coach or responsible adult present.
- 1.10 Leave a gymnast on their own at the end of a session.
- 1.11 Give a gymnast a lift home or have gymnasts stay over night at my home.

2. DEVELOPMENT

I will:

- 2.1 Encourage gymnasts to accept responsibility for their own performance and behaviour.
- 2.2 Provide positive reinforcement and encouragement.
- 2.3 Provide clear and concise instructions to gymnasts.
- 2.4 Provide constructive criticism, which will aid the gymnasts' learning.
- 2.5 Encourage gymnasts to be their best.
- 2.6 Be fair, considerate and consistent in my coaching.
- 2.7 Adjust my coaching style to suit each gymnast.

3. PROFESSIONALISM

I will:

- 3.1 Display consistently high standards of behaviour.
- 3.2 Act with integrity and develop an appropriate working relationship with participants and parents/guardians.
- 3.3 Take personal accountability for my actions.
- 3.4 Be committed to my professional development.
- 3.5 Create an atmosphere conducive to learning.
- 3.6 Show good sportsmanship at all times and accept decisions of all judges and officials.

I will never:

- 3.7 Engage in any negative, unsportsmanlike conduct.
- 3.8 Make negative comments about other coaches, gymnasts, volunteers, clubs or organisations.
- 3.9 Allow confidential information to be divulged unless with the express approval of the individual concerned.
- 3.10 Exert undue influence over participants.
- 3.11 Condone rule violations.
- 3.12 Be under the influence of alcohol or prohibited substances at work or at events.
- 3.13 Never use inappropriate language at any time whilst coaching or representing the Club at external courses/events.
- 3.14 Physically, mentally, verbally or sexually abuse any gymnast in my care.